

Hitting the books

During college, you will spend less time in class than you did in high school, but you will spend a lot more time studying on your own. It will be up to you to develop good study habits. Use this worksheet to help plan your study routine.

HOW HAVE YOUR STUDY HABITS BEEN IN HIGH SCHOOL?

AT WHAT TIMES OF DAY ARE YOU MOST ALERT AND ABLE TO CONCENTRATE?

AT WHAT TIMES OF DAY ARE YOU LEAST ALERT AND ABLE TO CONCENTRATE?

DESCRIBE YOUR IDEAL STUDY ENVIRONMENT.

HOW DO YOU THINK STUDYING WILL BE DIFFERENT IN COLLEGE?

YOUR MOST PRODUCTIVE STUDYING IN COLLEGE WILL PROBABLY TAKE PLACE...

YOUR LEAST PRODUCTIVE STUDYING IN COLLEGE WILL PROBABLY TAKE PLACE...

When

Where

When

Where